

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ria Visser**

Has successfully participated & completed the

**7km Women Rock - Trail Run presented by Navworld**

held at Ingaadi Spa.

**TIME 01:41:25**

**PACE 14:28/km**

**GENDER 133 of  
161**

**OVERALL 169 of 204**

**50 - 59 15 of 20**

28 August 2016, Sun

Date



*BoutTime*

Signature

